



An Ecumenical Camp for Adults of All Ages

Held at:

Aldersgate United Methodist Church
1500 Rio Road East
Charlottesville, VA 22901

To: Prospective Campers

From: Camp Young at Heart Planning Committee

Re: Registration for Camp Young at Heart 2025

Monday - Wednesday, August 25-27, 10:00 AM - 2:00 PM

It's time to register for our annual Camp Young at Heart! Enclosed you will find a flyer concerning the classes, schedule, fees, etc. and a registration form. Additional registration forms can be found at www.broadus.org. Please select two classes (one for each time period) and put them on your registration form. **Make your check payable to "Pantops Community Church" and designate "Camp Young at Heart."**

We have lined up a great list of classes and outstanding teachers, offering a wide variety of subjects, including some not previously offered. Registration fee is only \$25.00 for one person or \$40.00 for a couple. What a bargain! Additional expenses are covered by the sponsoring churches.

If you have never been to camp before, you will need to bring your own lunch Monday and Tuesday. Drinks and coffee are provided. Wednesday is our potluck lunch. We will provide fried chicken, and you provide the sides. Lunch is always a wonderful time of fellowship!

Camp Young at Heart will be held at Aldersgate Methodist Church on East Rio Road. Registration will be at the lower lot entrance, and there is plenty of parking. The elevator will be available to take you to the sanctuary level where most of the classes will also be held. Last year we had to cancel at the last minute due to a dramatic decline in the number of registrations. Afterwards, a number of individuals told me they just hadn't sent their registrations in yet. We have made some adjustments to the schedule and do not anticipate needing to cancel again, but we are asking that, if at all possible, you register by July 31. Obviously, we will continue to take registrations until the day Camp Young at Heart begins.

Please share this information with the other adults at your church, as well as your friends and neighbors. You are our best recruiters! Spread the word!

Registration Form

Please fill out this form and return it with your \$25 (individual) or \$40(couple) registration fee
to

Pantops Community Church
1525 Stony Point Road
Charlottesville VA 22911

****Please make checks out to Pantops Community Church and put Camp Young At
Heart or CYAH on the memo line.****

Camp Young at Heart

August 25-27, 2025

Name: _____

Address: _____

City: _____ ZIP: _____

Telephone: _____ Email _____

Church: _____

Class Choices

Period 1 _____

Period 2 _____

Additional registration forms can be found at www.broadus.org

Following is a list of classes being offered. Choose one class from each period and attend those classes every day.

Class Period 1
10:45-11:45 AM

"The Gospel According to Dr. Seuss"

Teacher: Rev. Matt Roberts, Pastor, Pantops Community Church

Join us as we explore gospel themes that appear in the beloved children's stories from Dr. Seuss. Each day we will look at a Seuss story or two alongside a story or theme from scripture in an attempt to open our eyes to spiritual themes as they pop up in the world around us. So bring your Bible and your creative mind for this whimsical Bible study!

"Looking Up"

Teacher: Kevin Fitzgerald, Charlottesville Astronomical Society

Mon: "Understanding the Night Sky" is an introduction to observing celestial objects and constellations with the naked eye. It will be presented by first demonstrating the changing night sky, then using "Stellarium", a powerful free app that can be downloaded to your laptop or cell phone.

Tue: "What are the odds of finding intelligent life in the universe?" This presentation will discuss the vastness of the cosmos, then use various estimates to calculate the odds of intelligent life based on easy to understand scientific factors. The session does not require a science background, just a love of big numbers.

Wed: "We are Literally Stardust" is an easy explanation about the chemistry of the earth and stars and will provide proof-points that the atoms in our body are literally from exploding supernovas. The presentation does not require a science background, just an open mind.

"Me and My iPhone Camera"

Teacher: Jim Carpenter, Master Photographer, Gitchell's Studio

Do you want to make better use of your Apple iPhone camera? Do you want to learn how to compose a shot? Photography is a great hobby that you can enjoy at any age. Take advantage of this opportunity to learn from a master. Bring your phone with you.

"Tai Chi"

Teacher: Charlottesville Tai Chi Center-Jane Keathley, Deborah Sinek, and Hiromi Johnson

The slow and graceful movements of Tai Chi are often described as 'meditation in motion.' The low-impact movements of Tai Chi strengthen organs, open joints, and improve balance and memory. The class starts with gentle stretches, a short Ch'i Kung set, the 6-Steps to Compassion Tai Chi form, and ends with a brain exercise. Loose-fitting clothing is recommended.

Class Period 2

1:00-2:00 PM

"Parables of Mayberry"

Teacher: Tom Gillette, Pantops Community Church

The Andy Griffith Show is one of the most loved television series of all time. In today's society, we can learn a lot from the citizens of Mayberry. Timeless morals and values are presented in a way that we can readily understand. Through video and Scripture, we'll be discussing how we can handle similar situations that we face. The episodes will be different than the ones used in previous years for this class.

"The History Around Us"

Teachers: Monday: Mariah Payne, Director of Education, Ivy Creek Foundation; Tuesday and Wednesday: Rick Britton, Virginia historian

Mon: "Historic River View Farm"

This talk will look at the life of Mr. Hugh Carr, a formerly enslaved man who started River View Farm, and his family. We will explore the community they lived in, their work in that community, and their incredible achievements despite the overwhelming odds.

Tue: "From Cuckoo to Charlottesville; Jack Jouett's Overnight Ride"

In the spring of 1781, during the Revolutionary War, Governor Thomas Jefferson and the entire state legislature fled to backwater Charlottesville to escape the enemy. When the British dispatched the much-feared Lieut. Col. Banastre Tarleton, with 250 horsemen, to break up the government, he had every reason to believe he would bag the lot of them. What he could not have imagined, however, was that along his route, 26-year-old Jack Jouett would spot his force, divine his intentions, and ride overnight to Charlottesville to spread the alarm.

Wed: "Thomas Jefferson & the Monacan Indian Burial Mound."

Thomas Jefferson was a true Renaissance man, a brilliant polymath with an eclectic and dizzying array of interests. Of these, he called science his "passion," and over the course of his busy lifetime, Jefferson made contributions to botany, paleontology, meteorology, entomology, ethnology, and comparative anatomy. He was also an amateur archaeologist, and in 1783, spurred on by a document sent him by the French government, Thomas Jefferson excavated a Monacan Indian burial mound.

"Planning Ahead"

Teachers: Monday: Cassandra Riggin, UVA Community Credit Union; Tuesday and Wednesday, Margarete Gillette, Pantops Community Church

Mon: Preparing for the Unexpected - Disasters and emergencies can strike at any time, but having a plan in place can help. Join us and learn how to prepare your finances and essential documents against unexpected events.

Tue and Wed: "The Art of Swedish Death Cleaning"- It might sound morbid, but it's not. It's just meant to get your attention and assist you in making decisions about what to do with all of the stuff that fills our attics, closets, and basements. Based on The Gentle Art of Swedish Death Cleaning by Margareta Magnusson.